



Bananas Swim Team



Green Team (6-8 years old)

This program is aimed at children who can swim and are interested in developing a stronger set of swimming skills. The program introduces children to competitive swimming and an informal meet is included. Children must be able to swim 25 yards (two lengths of the pool - one freestyle and one backstroke).

Participants are encouraged to attend both practices each week. Schroeder Conference meets are on Thursday evenings. The Bananas Swim Team has partnered with the Schroeder Swim Team.

Date: September 12 - December 21
Day/Time: Mondays & Wednesdays (5:30 - 6:30pm)
Location: Nicolet High School - Pool
Age: 6 - 8 years old
Fee: \$125.00R/\$145.00NR
Program#: 111040-01
Min/Max: 6/60
Instructor: NHS & Schroeder Swimming Staff

Green Team (9-12 years old)

This program is aimed at children who can swim and are interested in developing a stronger set of competitive swimming skills. This is a novice competitive swimming program and a season ending trophy meet is included. Children must be able to swim 50 yards (50 yd freestyle and 50 yd backstroke).

Participants are encouraged to attend three practices each week. Schroeder Conference meets are on Thursday evenings. The Bananas Swim Team has partnered with the Schroeder Swim Team.

Date: September 12 - December 22
(skip 9/27, 11/24, 12/1, 12/6)
Day/Time: Mondays - Thursdays (5:30 - 6:30pm)
Location: Nicolet High School - Pool
Age: 9 - 12 years old
Fee: \$160.00R/\$180.00NR
Program#: 111041-01
Min/Max: 6/60
Instructor: NHS & Schroeder Swimming Staff

Yellow Team

This program is designed to get young swimmers ready for high school swim team participation or to extend a successful high school experience. Athletes should be strong swimmers. The Bananas Swim Team has partnered with the Schroeder Swim Team.

Participants are encouraged to attend three or four 1.5 hr sessions per week and are encouraged to compete in league meets with other swim clubs.

Date: September 12 - December 22
(skip 9/17, 9/27, 11/24, 12/1, 12/3, 12/6)
Day/Time: Mondays - Thursdays (5:30 - 7:00pm)
Saturdays (11:00am - 12:30pm)
Location: Nicolet High School - Pool
Age: 13 years old & up

Fee: \$175.00R/\$195.00NR
Program#: 111042-01
Min/Max: 6/40
Instructor: NHS & Schroeder Swimming Staff

Bananas Swim (High School Boys)

The focus of this program is to prepare swimmers for the high school season with emphasis on stroke technique and general fitness as it relates to competitive swimming.

Date: September 12 - November 10
(skip 9/17, 9/27)
Day/Time: Mondays - Thursdays; 5:30 - 7:00pm
Saturdays; 11:00am - 12:30pm
Location: Nicolet High School - Pool
Grade: 9th - 12th
Fee: \$100.00R/\$120.00NR
Program#: 121040-01
Min/Max: 6/30
Instructor: NHS & Schroeder YMCA Swimming Staff

Bananas Swim (After Fall Sports Season)

The focus of this program is to prepare staying in shape after the high school season with emphasis on stroke technique and general fitness as it relates to competitive swimming.

Date: October 24 - December 22
(skip 11/24, 12/1, 12/3, 12/6)
Day/Time: Mondays - Thursdays; 5:30 - 7:00pm
Saturdays; 11:00am - 12:30pm
Location: Nicolet High School - Pool
Grade: 9th - 12th
Fee: \$100.00R/\$120.00NR
Program#: 121041-01
Min/Max: 6/30
Instructor: NHS & Schroeder YMCA Swimming Staff

Participants are welcome to join at anytime. Practice schedule subject to change.

register with:



Nicolet Recreation Department
6701 N. Jean Nicolet Rd.
Glendale, WI 53217

Phone: (414) 351-7566
Fax: (414) 351-4053
www.nicolet.us



On-line registration: <https://rec.nicolet.k12.wi.us>

Registration Form



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Nicolet Recreation

Household Information: _____ Date: _____ Alumni _____

Name (person filling out form): _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail Address: _____

Unless otherwise notified, assume that you are enrolled in the program.

Name	Sex	Birthdate	Grade	Program#	Program Name	Fee

<p>Reduced Fee School Meal Program for Nicolet School District Students For those families who meet the criteria for free school meal program, your child's class fee can be reduced by 50% (supplies and materials excluded). School lists will be used to verify eligibility. "I certify that my child/children is/are eligible for the reduced fee school meal program"</p> <p>Signature _____</p>	<p>Subtotal Fee: _____ Less Reduced Fee: _____ Total: _____</p>
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Waiver and Release of Claims
 "As a participant/parent/guardian in this program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I/my child may ward or sustain as a result of participating in any and/or all activities connected with or associated with such a program. I agree to waive and relinquish all claims I/my child may ward or may have as a result of participating in this program against the Nicolet Recreation Department/Nicolet High School and its officers, agents, servants and employees. I do hereby fully release and discharge the Nicolet Recreation Department/Nicolet High School and its officers, agents, servants, and employees from any and all claims from injuries, damage or loss which I/my child may ward or may have or which may accrue to me/them on account of my/our participation in this program. I further agree to indemnify and hold harmless and defend the Nicolet Recreation Department/Nicolet High School and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages and losses sustained by me/them and arising out of, connected with, or in any way associated with the activities of this program. I have read and fully understand the above program details and waiver and release of all claims."

For the activities that apply:
 Concussion & Head Injury Disclosure
 "As a Parent and as an Athlete it is important to recognize the signs, symptoms, and behaviors of concussions. By agreeing to this form you are stating that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury."
 For more information go to: http://www.nicolet.k12.wi.us/cms_files/resources/concussion.pdf

Parent Agreement:
 I have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected. I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me. I understand that my child cannot return to practice/play until providing written clearance from an appropriate health care provider to his/her coach. I understand the possible consequences of my child returning to practice/play too soon.

Athlete Agreement:
 I have read the Athlete Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to my coaches and my parents/guardian. I understand that I must be removed from practice/play if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before returning to practice/play. I understand the possible consequence of returning to practice/play too soon and that my brain needs time to heal.

Cash ___ Check ___ / # ___ made payable to Nicolet Recreation Dept.

Credit Card ___ MasterCard ___ Visa ___ Expiration Date _____

Card number _____ - _____ - _____ - _____

Cardholder Name _____

Signature _____ Date _____

Ways To Register: On-line!, Mail, Fax, Walk-In, Phone, & Drop Box

